

Club 26 Namaskar 26

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President's Address



Dear Member

The holiday season is on and the activities in your club are picking up too. By the time you have this issue of "Namaskar" in your hands; we will be celebrating Dandia on 17th October. The club plans to celebrate "Dussehra" on 22nd October.

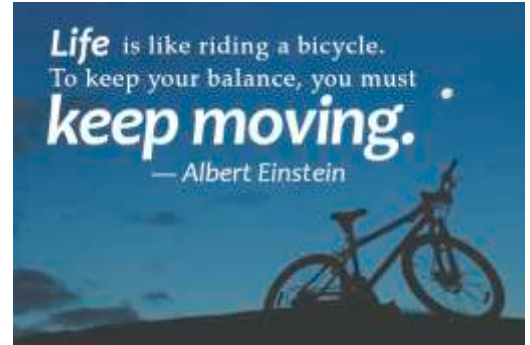
This year after burning of effigies of ravana and his family, we plan to provide snacks on the lawns of the club, on payment basis of course. Ladies also plan to hold their annual Diwali handicrafts mela on 31st October. Then of course we shall have our DJ night as well on 31st October.

The rehearsals by the participants for the much awaited 3rd annual function of the club on Saturday the 12th Nov are also going to start soon. Then of course the Christmas Celebrations are also planned like every year on 25th Dec. The approaching winter season contributes to the spread of joy and happiness in old and young alike. It reminds of my favourite line: "Yeh zindagi kitni hasen hai".

Please do come in large numbers to enjoy Dandia, participate in Dussehra and the "Annual Function".

In the end I wish all our members, their families and friends happy holidays and lots of fun! Stay safe and healthy!

R.K.Khosla



NEWS IN BRIEF...

Noida Diabetic Forum, a sister concern of Delhi Diabetic Forum would be having its free health oriented camp on Sunday, the 18th October '15 in Community Centre Sector 33 from 9 am onwards. All are invited in large numbers. Eminent laboratories, specialist / super-specialist doctors from Noida /NCR would be giving their services absolutely free of cost. Old diabetics can also get their retina examined by latest of technique for any signs of diabetes and if so treated by lasers etc. you would also be informed of its mega camp on World diabetes day in November.

In the coming festival season team Namaskar request all members /residents / senior citizens to please see their little ones are not hurt by Bow and Arrow or Cracker injuries. These are purely preventable, or else can result in life long problems. Besides crackers are also a source of noise pollution and atmospheric pollution. We further advise all to kindly obey Hon'ble Supreme Court directive to stop playing crackers after the stipulated time. We also request all teachers to kindly direct their students "Say absolute No to Crackers this year"

Residents residing on the main road are on the high risk of accidents due to vehicles driving past with great speed have requested to please provide speed breakers at the crossings of Sector 20,21,25,26. D.M. Chowk and Nithari T point. On their behalf team Namaskar request RWC&S to please look into the matter on priority. The speed breakers would also reduce the noise and smoke pollution considerably vis a vis better health.

Team Namaskar request all residents to please come in large numbers to cast their valuable vote for electing the new RWC&S committee for the year 2015-17. The members should contact the office immediately to pay their respective dues. Only then they would become eligible voters. In case elections are held we advise the voters to Please caste the vote fearlessly to a deserving candidate only.

As the year is coming to close we request our members to give their suggestions for improving your Namaskar. We would welcome all healthy critics as regards additions or deletions. Members may please contact Club office on all days except Tuesday and gazetted holidays.

The team of Club-26 Namaskar 26 gives its best wishes on recently concluded Ganesh Chaturthi and Eid, and incoming Navratri, Durga Pooja, Dandia,Dussehra and Karwa Chauth.

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Follow us on  

From Secretary's Desk ...

Dear Members,

I am really honoured to communicate with you for the first time from this Secretary Desk column. My message becomes all the more important since at this time the Club is functioning at its best.

The month has started with the first kiss of onset of winters. But at the same time our die-hard swimming lovers get dejected to see the pool without a drop of water for next few months. Once again they are unhappy to see their desire to have a functional pool round the year has not been considered. It is true, swimming is one of safer form of exercise specially in our club pool which is one of the best pools in Noida. On huge demand of swimming fraternity we are exploring the scope of making our pool an ALL WEATHER POOL which will surely make this facility a top notch.

The Dengue Fever talk by Professor Anupam Prakash of Smt Sucheta Kriplani Medical College and Associated hospitals (LHMC) was highly knowledgeable. The learned speaker discussed the topic in simple words and removed the panic amongst the audience. His preventive tips, when to give blood / platelets etc were very useful and in short were the need of the hour. We are grateful to our senior member Dr Bharadwaj for arranging such useful talks. I don't think any other Club arranges such talks.

As the festival season is around the corner, to full fill the request of members, we have started Dandia dancing classes in the club for Dandia on 17th October in traditional Dandia dress. Like previous years we shall also be arranging food on payments both for members who are on fast and the rest. Also as usual we will be having the Ravan dahan on Dussehra by the club if not jointly with RWCS. Since these programs along with Durga Puja, Ramlila etc are time consuming I would request all members / residents to please take extra precautions of their houses vehicles specially in view of the recent instances of burglaries.

In the end I send my best wishes for a happy, safe, enjoyable festival time to all members and residents. My best wishes to the coming elections of RWC&S. May the elections be conducted peacefully and in harmony. May the new team works hard and hand in hand with the Club team.

Regards



Sanjay Gupta
Jt. Secretary, Club 26

स्वच्छता के यथार्थ

भारत में गत वर्ष दो अक्टूबर से स्वच्छता अभिमान चल रहा है और एक वर्ष पूरा होने पर भी हम स्वच्छता को अपनाने के लिए पूर्ण रूप से तैयार नहीं हैं। अर्थात् मानसिक व सामूहिक रूप से इसे पूर्णतः अंगीकार नहीं किया जा सका है।

मैं अभी यूरोप यात्रा पर गया और वहाँ की स्वच्छता देखकर आश्चर्य चकित रह गया। वहाँ हर व्यक्ति, शॉपकीपर, अथवा कार्य क्षेत्र के कर्मचारी स्वच्छता पर हर पल ध्यान देते हैं और कहीं भी कोई गन्दगी नहीं होने देते। परिणाम स्वरूप हर स्थान हवाई अड्डा, सड़कें, पार्क, पार्किंग स्थल, पिकनिक स्थल, शॉपिंग क्षेत्र, नदियाँ आदि सभी साफ सुथरी रहती हैं।

यह सब कुछ हम यहाँ क्यों नहीं कर सकते? यद्यपि स्वच्छता अभियान से लोगों की सोच बदली है परन्तु व्यवस्थायें नहीं बनाई जा सकी हैं। हमारे यहाँ उपयुक्त स्थान पर कूड़ेदान ही नहीं लगे हैं। अब यदि कोई कूड़ा डालना चाहे तो उसे उपयुक्त स्थान ही नहीं मिलता और मजबूरन कूड़ा यहाँ – वहाँ सड़क के किनारे अन्यत्र डालना पड़ता है।

अतः बहुत आवश्यक है कि सभी पार्क, मार्गों के किनारे, शॉपिंग क्षेत्र, स्कूल आदि सभी जगह कूड़ा दान लगाया जाये। सभी सार्वजनिक स्थानों पर दो कूड़ेदान हों एक हरे रंग का डीग्रेडबल कूड़े के लिए और दूसरा पीले अथवा लाल रंग का रिसाइकिलेबल कूड़े के लिए। इन में बड़े प्लास्टिक बैग लगायें जिससे कूड़ा उठाया जा सके। प्रतिदिन कूड़ेदान को खाली किये जाने की व्यवस्था हो। सार्वजनिक स्थानों पर साइनबोर्ड आदि से भी सर्वसाधारण को सूचित कर अनुरोध किया जाए कि वे कूड़ेदान का समुचित एवं सही उपयोग करें। यदि कोई जानबूझकर गंदगी फैलाता है तो हम सब का कर्तव्य है कि उसे ऐसा करने से रोका जाए और उसी से कूड़े का निस्तारण उचित प्रकार से कराया जाए।

स्विटजरलैंड के पॉच सितारा होटल में एक दम्पति नाश्ता कर रहे थे पेय पदार्थ जूस अथवा दूध फर्श पर गिर गया। उन्होंने तत्काल ही नेपकिन से फर्श साफ किया व दोनों ने मिलकर अपनी मेज के नीचे पूरी सफाई की और नेपकिन को कूड़ेदान में डाला। यद्यपि उस होटल में बैरे व अन्य कर्मचारी मौजूद थे और सम्भवतः यदि वे स्वयं सफाई नहीं भी करते तो भी होटल के कर्मचारी कर देते परन्तु उन्होंने न ही किसी से कहा और न ही इसका अवसर दिया और तत्काल स्वयं ही सफाई कर दी। इस प्रकार की भावना जब पूरे देशवासियों में रहेगी तो सफाई होनी निश्चित है।

हम सर्व प्रथम अपने सैक्टर – 26 में पूर्ण स्वच्छता का दायित्व ले सकते हैं। सभी उपयुक्त स्थानों पर दो कूड़े दान लगवाये जाए। और उनका उचित उपयोग किया जाये। यह कार्य हम स्वयं भी कर सकते हैं और नौएडा प्राधिकरण के सहयोग से भी करवा सकते हैं। परन्तु जितना शीघ्र हो जाये उतना ही लाभ होगा और सैक्टर – 26 को मॉडल सैक्टर के रूप में प्रस्तुत किया जा सकेगा।

प्यारे लाल कपूर



रावण

एक वो रावण था,
जिसे सदियों से जलाते आये है
अब के रावणों को जलायेंगे तो,
जंगल भी कम पड़ जायेंगे
फिर भी मिट सकेगा ना उनका नामोनिशान
हम इतने राम कहाँ से लायेंगे
उस युग में तो पा ली थी, श्री राम ने विजय
पर सीता को ना बनवास से बचा पाए
वो तो बाल्मीकि थे,
जो उनके पितृ स्वरूप रक्षक बन कर
बनवास में भी नैहर सा सुकून दे पाये
पर आज की सीता को,
रावणों और बनवास से कैसे बचा पायेंगे
हर गली में घूमते है रावण अब तो
हम इतने राम और बाल्मीकि कहाँ से ढूँढ पायेंगे
असंख्य मन में छिपे है रावण अब तो
उनके हृदयों में भला राम कैसे बसां पायेंगे
परम्पराओं को ही निभाते जाते हैं
उन परम्पराओं का हम, मोल कब समझ पायेंगे
वो जो मन में नफरत और
नज़रों में हवस लिये फिरते हैं
वो किस तरह अपनी भारत माँ की
रक्षा कर पायेंगे
मन से मिटा पाये गर, बुराईयों के रावण को
तभी तो सही मूल्यों में हम
रावण को जलाने का अर्थ समझ पायेंगे
रावण के पुतलो को जलाने से कुछ नहीं होगा
अच्छा तो तब होगा,
जब हम अपने मन में छिपे, रावण को जलायेंगे
हम बनने की गर कोई सोच भी ले,
पर इतने निर्बल प्रेम का भाव कहाँ से लायेंगे
जो कुर्बान कर दे अपनों के लिए अपनी खुशियाँ
इतनी सदहृदयता, इतना त्याग कहाँ से लायेंगे।

- रंजना सिंह



These are the pictures of Nehru Park, Sector-26, Noida taken by fellow resident H.C. Malhotra on Swachh Bharat Day. It is highly unfortunate that such dirt and filth is invariably observed in the prestigious park in our sector.





Dear Members,

Since the year 1985, Govt of India owned, The National Eye Donation Fortnight has been observed regularly from 25th August to 8th September. It is a mass public awareness campaign by means of which more and more people of all caste / status pledge their eyes for donation at the nearest Eye Bank after death. Corneal (the front of the Eye Ball) scars (phool) has been a major cause of blindness. According to World Health Organization common causes of corneal diseases are infections, injuries, Vitamin A deficiency and following Cataract / glaucoma surgeries. In most cases, this loss of sight can be corrected by surgery only in which the affected cornea is replaced with the healthy cornea from the donor. Though whole eye of the donor is removed, truly so, the surgical procedure is called Corneal transplantation. It continues to be the most successful surgery among organ transplants. Still, the number of donors are far far less than the recipients. This may be due to lack of Eye Banks, insufficient facilities in institutes, lack of motivation and social or religious myths amongst public.

Over the years there has been a definite reduction in the incidence of Corneal disease. But the rapid increase in population over-shadows it and hence the demand for donor cornea continues to increase. Accordingly Eye donation, is a fortnightly program. All over the country the public is motivated by holding seminars/Camps/posters etc so as to educate the public at large for voluntary eye donation as well as preventing corneal disease. The take home message is Preserve Eye-sight Prevent Blindness.

Teacher's day is celebrated on 5th of September in memory of birthday of the second President of India Dr. Sarvepalli Radhakrishnan, a renowned philosopher, educationist, scholar and a great teacher. Let us join together to pay tribute to all our teachers for their immense role, support and guidance in making us what we are today. Their effective contribution to the country can not be expressed in words. Team Namaskar bows before all teachers and request MC as well as other associations to recognise their priceless services towards the society on a pre-decided day in a memorable manner.

My apologies for not celebrating World Heart day this year on 27th September on account of the fear created by the media among the public from the yearly disease Dengue fever. We thank Dr Anupam Prakash, Prof of Medicine, Dr Sucheta Kriplani Medical College and associated hospitals (LHMC) for his excellent presentation before an impressive educated audience. In simple bi-lingual language he discussed the subject in depth and removed most of the doubts. On behalf of Club MC I thank Prof Anupam Prakash for delivering his talk on a short notice.

And finally all eyes are towards The President RWC&S announcement of the elections for the new society for term 2015-17. There are lots of speculations about the said elections. We hope an effective, result oriented, hard working peace loving team with a mixture of youth and experience is selected by the residents in a memorable manner.

With my best wishes on recently concluded Ganesh Chaturthi and Eid, and incoming Navratri, Durga Pooja Dandia, Dusshera and Karwa Chauth festivals. May you enjoy collectively and happily.

Dr. P. C. Bharadwaj

The Security Arrangement of The Sector

In the AGM of the RW&CS held on 13th Sept/2015, the main issue of discussion has been that of Security arrangement of the Sector. The residents expressed their deep concern that inspite of spending more than eighteen Lakhs, during the year 2014-15, the theft instances has been increasing constantly

As pointed out by Shri B.N Aggarwal the theft of cars has gone up more than forty, which is very alarming and cannot be digested. This shows that the security guards engaged are of no use at all, as expressed by large number of residents attending the AGM

It is given to understand that the security guards engaged by the security agency are actually rickshaw puller who sleep at night at gates. Shri M.S Dhami claimed that he found security guards sleeping while on duty on several occasions and this he has captured on camera.

The residents expressed that inspite of purchasing four bikes and these bikes taking rounds of the sector day and night, nothing has improved, rather things have gone worst. Out of four bikes only two are functioning.

The security of the Sector is the top most priority and cannot be compromised at any cost. Some residents are of the view that the idea of purchase of vehicle and with police assistance taking round of the sector would have been very effective and the police personal also could have helped to control the security guards. This arrangement must have its own problems that is why this was dropped.

In order to effectively dealing with the problem, one has to understand the ground realities. Therefore we should, put our heads together to find out solution for this problem, sooner the better.

D.R Wadhawan
B-308, Sce-26

Membership Fee Structure Of The Club-26

• Resident of Sector-26 (plot holder)	:	₹ 75000/- Life membership*
• Resident-Ward (plot holder)(Below 30 yrs)	:	50% of Resident membership fee*
• Senior citizen Resident (above 65 yrs.)	:	25% of Resident membership fee*
• Non- Resident of sector-26	:	₹ 2,50,000 Life membership*
• Non- Resident -Ward	:	50% of Non- Resident*
• Corporate membership	:	₹ 8,00,000/- with three nominees*
• Membership Transfer (within Blood Relations only)	:	20% of the belonging category*
• Temporary Membership- Resident of Sec-26 (Plot holder)	:	₹ 25000/- for One Year**
• Temporary Membership- Non-Resident	:	₹ 40000/- for One Year**
• Weekly Membership	:	₹ 1600/-**
• Fortnightly membership	:	₹ 3000/-**
• Monthly membership	:	₹ 5000/-**

*Plus Service tax@14% + Security deposit extra as applicable.

**Inclusive of Service Tax.

Monthly Subscription @Rs. 400/- per month for Resident and Non-Resident Members, Rs. 200/- for Resident- Senior Citizen Members above 65 yrs plus service tax as applicable (at present 14%)

BOOKING CHARGES FOR VARIOUS LAWNS/HALLS

Party Venue	Members	Guest	Cleaning Charges	Security Deposit
1 Aravali Hall (Furnished & centrally Air- conditioned)	₹ 15000	₹ 20000	₹ 1000	₹ 5000
2 Vindhyachal Hall (Air- conditioned)	₹ 6000	₹ 8000	₹ 800	₹ 2000
3 Nilgiri Hall (Furnished & centrally Air- conditioned)	₹ 6000	₹ 8000	₹ 800	₹ 2000
4 Pool Side Lawn with fixed lights	₹ 6000	₹ 8000	₹ 800	₹ 2000
5 Shivalik Hall	₹ 3000	₹ 4000	₹ 500	₹ 1000
6 Nandi Hall	₹ 2000	₹ 3000	₹ 300	₹ 1000
7 Full Lawn**	₹ 15000**	₹ 40000**	₹ 1500	₹ 5000
8 Half Lawn**	₹ 12500**	₹ 25000**	₹ 500	₹ 5000

** Inclusive Service tax.

• Service Tax extra @ 12.36% (except S. No. 6 & 7)

• Above booking rates are for 4 hours. CLUB CLOSES AT 11PM. Additional charges 25% of space charges will be levied for first hour and, thereafter, 50% of space charges per hour in case of overstay.



Laugh A Little

Husband takes the wife to a disco. There's a guy on the dance floor giving it large – break dancing, moonwalking, back flips, the works. The wife turns to her husband and says: "See that guy? 25 years ago he proposed to me and I turned him down." Husband says: "Looks like he's still celebrating!!"

A guy stands over his tee shot for what seems an eternity: looking up, looking down, measuring the distance, figuring the wind direction and speed. Finally his exasperated partner says, "What's taking so long? Hit the damn ball!" The guy answers, "My wife is up there watching me from the clubhouse. I want to make this a perfect shot." "Forget it, man," says his partner. "You'll never hit her from here."

Wife: "What are you doing?" Husband : Nothing. **Wife :** "Nothing...? You've been reading our marriage certificate for an hour."
Husband : "I was looking for the expiration date."

Wife to hubby: Darling in pictures of Shiva-Parvati, Shiva has a Trishool. In pictures of Vishnu-Lakshmi, Vishnu has Chakra in hand and pictures of Rama-Sita, Rama has bow in hand. But in case of Krishna-Radha, he has flute in hand. Why is this?

Hubby: You see dear the three God's whom you mentioned first are with the wives. That is why they have weapons. Krishna is with his girlfriend. Hence no weapons required. This shows when it comes to dealing with wives, even Gods need protection.

<p>फल मेंने तुझे गधे पर निबंध लिखने को बोला था, चल दिखा क्या लिखा ?</p> <p>स्टूडेंट: मास्टर जी, जैसे ही निबंध लिखने के लिए पेंसिल लगाई, गधा ही भाग गया !</p> 	<p>बिवाह के बाद दूल्हा मौलवी साहब से बोला मौलवी साहब आपकी फीस ?</p> <p>मौलवी: अलाह बेगम की खूबसूरती के मुताबिक दे दो । मौलवी की बात सुन कर दूल्हे ने अपनी जेब में हाथ डाला और चुपचाप दस रुपये का नोट मौलवी साहब के हाथ में धगा कर उठ कर जाने लगा । लखी अचानक हवा से दुल्हन का पैर उड़ गया । मौलवी: अमा भियाँ बाकि के पैसे तो लेते जाओ !</p> 	<p>डॉक्टर मरीज़ को....</p> <p>जब तुमको पता था की माडी एक लड़की चला रही थी तो तुमको रोड के साइड में चलना चाहिए था...</p> <p>मरीज़ (तेरे हुए): कॉन्सी रोड साइड डॉक्टर साहब, मैं तो बागीचे में तोटा लेके बैठा था, वहां भी ठोक दिया !</p> 
<p>बेटे के घर देर से आने पर.....</p> <p>माँ: कहीं था यासी सत ?</p> <p>बेटा: EMOTIONAL फिल्म देखने गया था</p> <p>"प्यारी माँ"</p> <p>माँ: अन्दर तोरे पापा इंतज़ार कर रहे हैं अब वो दिखावैने ACTION फिल्म</p> <p>"ज़ालिम बाप"</p> 	<p>एक कंजूस हाथ को ताकू से काट रहा था...</p> <p>बीवी: ये क्या कर रहे हो आप ?</p> <p>कंजूस: टैशन न ले, DETTOL की बोतल फूट गयी है, ऐसे ही बेकार जायेंगे।</p> <p>ले तू भी आ जा तेरी भी उंगली काट देता हूँ....</p> 	<p>एक झूठ में रोज़ बोलता हूँ, जो मुझे नरक में ले जाएगा....</p> <p>वो ये की जब रोज़ मेरी बीवी तैयार होकर ये पूछती है.....</p> <p>मैं कैसी लग रही हूँ?</p>

"मनुष्य शरीर, आत्मा एवं परमात्मा " - एन० एल० अरोरा



प्रत्येक मनुष्य के तीन शरीर होते हैं, स्थूल शरीर, सूक्ष्म शरीर, व् कारण शरीर। स्थूल शरीर तो एक ढांचा है जो ऊपर से दिखाई देता है, जिसमें अपने आप किसी कार्य करने की शक्ति नहीं होती, यह केवल उपकरण है। सूक्ष्म शरीर है हमारी ज्ञानेंद्रिया एवं मन। हमारी पांच ज्ञानेंद्रिया हैं श्रोत, चक्षु, घ्राण, जिह्वा एवं त्वचा जिनसे हम क्रमशः सुन सकते हैं, देख सकते हैं सूंघ सकते हैं, स्वाद ले सकते हैं तथा स्पर्श का अनुभव कर सकते हैं। वैसे तो सूक्ष्म शरीर भी जड़ है अर्थात् अपने आप कुछ नहीं कर सकता, किन्तु उसमें आत्मा द्वारा चेतना प्राप्त हो सकती है। जब आत्मा की चेतन शक्ति प्राप्त होना बंद हो जाती है तो सारा शरीर निष्क्रिय हो जाता है व् स्थूल शरीर की मृत्यु हो जाती है। तीसरा शरीर है कारण शरीर वह है हमारे मन की वासनाएं (प्रबल इच्छाएं) इन्हीं वासनाओं के अनुरूप ही हमें अगला शरीर धारण करना पड़ता है अतः इसे कारण शरीर कहते हैं।

आत्मा परमात्मा का ही अंश है जो अविनाशी है व् आदि काल से है। (संदर्भ हेतु भगवत गीता के १५वें अध्याय का ७वां श्लोक) जगत में आकर जब यह प्राणियों के शरीर को चेतन शक्ति प्रदान करता है तो इसे जीवात्मा भी कहते हैं। जब यह जीवात्मा सूक्ष्म शरीर से संयोग करता है तो माया द्वारा भर्मित होकर अपने स्वरूप को भूल जाता है तथा स्वयं को शरीर ही मान लेता है। यही अज्ञान है। शरीर व इस से सम्बंधित समस्त वस्तुएं जैसे परिवार, घर, धन आदि से इस का मोह हो जाता है तथा सांसारिक वस्तुएं प्राप्त करने हेतु अच्छे बुरे कार्य करता है जिससे वासनाएं उत्पन्न होती हैं। इन कर्मों के फल भोगने हेतु विभिन्न शरीर धारण करने पड़ते हैं अतः यह जन्म मरण के चक्र में फंस जाता है।

उक्त स्थिति से मुक्त होने के केवल तीन मार्ग हैं ज्ञान योग, कर्म योग, व भक्ति योग। ज्ञान योग में पूरे विश्व को परमात्मा के रूप में देखना तथा किसी से भेदभाव, ईर्ष्या आदि न करना। अपने सारे सांसारिक कार्य करते हुए, इसी भावना से जीवन व्यतीत करना। कर्म योग में सदकर्म करना किन्तु कर्मों को ईश्वर अर्पण करते हुए अर्थात् कर्तापन का अभिमान न होना। कर्मों के फल में किसी प्रकार की इच्छा न होना। तीसरा मार्ग है भक्ति योग। इसके अनुसार परमात्मा के प्रति प्रेम होना, परमात्मा के प्रति अनन्य भक्ति, उसका गुणगान, भजन कीर्तन आदि करना है। कोई भी व्यक्ति अपने स्वभाव के अनुसार किसी एक मार्ग को चुन सकता है। कोई भी व्यक्ति चाहे वो ज्ञानी पंडित हो न हो, किसी एक मार्ग पर चल कर अपने सारे सांसारिक कार्य करते हुए अपना जीवन सफल कर सकता है तथा परम पिता परमेश्वर को प्राप्त कर सकता है। यही जीवन का लक्ष्य है।

A Workshop on Role of Parents in the 21st Century

On 10th October 2015, Club 26, in association with award winning "PARWARISH INSTITUTE OF PARENTING" organized a 3 hour workshop session on "Role of Parents in the 21st Century; nurturing no-limit children."

This session revealed to us that We, as a parent, have a completely new world vis a vis the world we grew up in. We grew up in the world where TV and phone was a luxury! Internet, mobiles, social networking did not exist. The parenting ways and styles of the yester-years are not working with this generation, leaving us, parents exasperated and tired at most times. Parenting has become a job!

This session empowered parents to connect to their children at a completely new level, a space where children can share their heart out with us. And also gave us useful insights as to how we can nurture their innate qualities.

The session left people happy and fulfilled.



Club-26 organizing

“ROCKING DANDIA”

on

Saturday, 17th October 2015 from 6.30- 11.00 PM

All are invited with family and friends.

Special Attractions:

- Tambola from 6.30pm to 8.00pm
- ROCKING DANDIA based on DJ
- Various group of Dandia Dance Contests from 9.30 PM onwards
- Spicy, Delicious & Special Fast Food (on Payment Basis)

Attractive prizes for

- Best Dancer Couple & Best Dressed Couple / Best Dancer Man/Boy/Lady & Girl Best Dressed Man/Boy/Lady & Girl/ Best Dancing Group (6 to 8 Dancers)
- Dress Code: “Gujarati Formal” (especially for dancers taking part in competition)

Stalls & Banners

- Limited Stalls available (Size-7.5 Sq.ft. x 15 Sq.ft.) for members & their guests.
 - Banner/ Flex (Size 6ft x 3 ft) also can be displayed on payment.
 - Contact Club Office-4311790 / 91.

• Exhibition by “Shrini” of Jewellery, Sarees, Garments, etc. 5.00PM onwards.

• For above Exhibition Stalls, Contact – 9810507220 / 9899203583



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